


# JULY 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10am Exercise 1pm Wegmans	2 10am Exercise 1pm Resident Organized Pizza Lunch	3 10am Exercise 1:30pm Wii Games	4  <i>Dining Room Open For: Continental Breakfast &amp; Afternoon Cookout</i>	5 10am Exercise 2pm Birthday Celebration / Resident Mtg.	6 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.
7 6pm Ruby Shooz Concert @ Center Stage (Sponsored by: The Woodlands)	8 10am Exercise 1pm Wegmans	9 10am Exercise 11:30am Summertime Picnic Open House	10 10am Exercise 2pm Health Talk w/ Beth – “End of Life Choices”	11 1pm Stretching & Meditation w/ Stacey  6:15pm A Taste of Jazz @ Fairport Village Gazebo	12 10am Exercise 2pm Snack Social / Resident Mtg.	13 2pm Chef Demo
14 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	15 10am Exercise 1pm Wegmans	16 10am Exercise 11am Life Span Luncheon 1pm Resident Organized Pizza Lunch	17 10am Exercise 1:30pm Sew Creative, Sweet Charity, and Fairport Pharmacy & Coffee	18 10am Exercise 1pm Art Therapy w/ Stacey	19 9:30am Kohl’s & Target  2pm Snack Social / Resident Mtg.	20 8:30am-4:30pm Backyard Adventures – Three Brothers Winery
21 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	22 10am Exercise 1pm Wegmans	23 10am Exercise 4:30pm Fairport Cruise Night, Canal Walk, Ice Cream Factory	24 10am Exercise 1:30pm Wii Games	25 1pm Stretching & Meditation w/ Stacey	26 10am Exercise 1pm B/P Checks w/ Beth  2pm Snack Social / Resident Mtg.	27 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.
28 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	29 10am Exercise 1pm Wegmans	30 10am Exercise 1pm Resident Organized Pizza Lunch	31 10am Exercise 1:30pm Movie: Chocolat			