

# AUGUST 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10am Chair Exercises  2pm <b>Stretching &amp; Meditation w/ Stacy</b>	2 10am Chair Exercises  2pm <b>Resident Mtg. / Monthly Birthday Celebration</b>	3 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.
4 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	5 10am Chair Exercises  1pm <b>Wegmans</b>  4:30pm <b>Eastview Mall</b>	6 10am Chair Exercises  1pm <b>Egypt Fire Dept. Safety Seminar w/ Beth + BP Checks</b>	7 10am Chair Exercises  3:00pm <b>Travel Log w/ Beth "Exploring Our Gentle Giants"</b>	8 10am Chair Exercises  2pm <b>Art Therapy w/ Stacy</b>	9 10am Chair Exercises  2pm <b>Resident Mtg. / Trivia Social</b>	10 2pm <b>Chef Demo</b>
11 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	12 10am Chair Exercises  1pm <b>Wegmans</b>  3:00pm <b>Casa Larga</b>	13 10am Chair Exercises  1pm <b>Resident Organized Pizza Lunch</b>	14 9:30am <b>Seneca Park Zoo</b>  10am Chair Exercises  2pm <b>Wii Games</b>	15 10am Chair Exercises  2pm <b>Stretching &amp; Meditation w/ Stacy</b>	16 9:45am <b>George Eastman House</b>  10am Chair Exercises  1:00pm <b>BP Checks w/ Beth</b>  2pm <b>Resident Mtg. / Watermelon Social</b>	17 8:30am – 4:30pm <b>Backyard Adventures – "Judge Ben Wiles" Steel Boat Ride – Skaneateles</b> <i>(To register please call 388-2347)</i>
18 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	19 10am Chair Exercises  1pm <b>Wegmans</b>  4:30pm <b>Genesee Brew House</b>	20 10am Chair Exercises  10:30am <b>Finger Lakes Casino</b>	21 10am Chair Exercises  2pm <b>Wii Games</b>	22 10am Chair Exercises  1:30pm <b>Movie: "The Natural"</b>	23 10am Chair Exercises  2pm <b>Resident Mtg. / Afternoon Tea</b>	24 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.
25 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	26 10am Chair Exercises  1pm <b>Wegmans</b>	27 10am Chair Exercises  1pm <b>Resident Organized Pizza Lunch</b>	28 10am Chair Exercises  9am <b>Sonnenberg Gardens &amp; Mansion</b>	29 10am Chair Exercises  2:00pm <b>Wii Games</b>	30 10am Chair Exercises  2pm <b>Resident Mtg. / Snack Social</b>	31 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.