



SEPTEMBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	2 LABOR DAY 	3 10am Chair Exercises 1pm Wegmans	4 10am Chair Exercises 3:00pm Travel Log w/ Beth – “Italy or Maine”	5 10am Chair Exercises 1:30pm Stretching & Meditation w/ Stacy	6 10am Chair Exercises 1pm BP Checks w/ Beth 2pm Resident Mtg. / Monthly Birthday Celebration	7 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.
8 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	9 10am Chair Exercises 1pm Wegmans	10 10am Chair Exercises 1pm Resident Organized Pizza Lunch	11 10am Chair Exercises 1pm “911 Talk” w/ Beth	12 10am Chair Exercises 1:30pm Art Therapy w/ Stacy	13 10am Chair Exercises 2pm Resident Mtg. / Snack Social	14 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.
15 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	16 10am Chair Exercises 1pm Wegmans	17 10am Chair Exercises 2pm Movie: Life is Beautiful	18 10am Chair Exercises 10am Del Lago Casino	19 10am Chair Exercises 1:30pm Stretching & Meditation w/ Stacy	20 10am Chair Exercises 1pm BP Checks w/ Beth 2pm Resident Mtg. / Snack Social	21 2pm Chef Demo Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.
22 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	23 10am Chair Exercises 10-11:30am Open House 1pm Wegmans 	24 10am Chair Exercises 1pm Resident Organized Pizza Lunch	25 10am Chair Exercises 10:30am Kohl’s/WalMart/Home Goods (Victor Plaza Shopping)	26 10am Chair Exercises	27 10am Chair Exercises 2pm Resident Mtg. / Snack Social	28 8:30am – 4:30pm Backyard Adventures – “Fall Foliage Drive / Bob & Ruth’s Vineyard Restaurant – Naples” (To register please call 388-2347)
29 Resident Organized Activities: Cards, Board Games, Puzzles, Movies, Wii, Etc.	30 10am Chair Exercises 1pm Wegmans					