



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Resident Organized Activities</i>	2 10am Chair Exercises	3 10am Chair Exercises	4 10am Chair Exercises 10am-12 Noon SOFI Ofc. Hours 3pm Travel Log "Celebrations Around The World"	5 10am Chair Exercises 1:30pm Stretching & Meditation	6 10am Chair Exercises 1pm Blood Pressure Checks 2pm Resident Mtg. / Monthly Birthday Celebration	7 <i>Resident Organized Activities</i>
8 <i>Resident Organized Activities</i> 7-7:30pm Christmas Carols Sing A-Bethlehem Lutheran Church Singing Group	9 10am Chair Exercises 11:30am-1:30pm Open House Lunch Event	10 10am Chair Exercises 1pm George Eastman Museum – Holiday & Gingerbread House Display	11 10am Chair Exercises 10am-12 Noon SOFI Ofc. Hours	12 10am Chair Exercises 1:30pm Art Therapy	13 10am Chair Exercises 2pm Resident Mtg. / Snack Social <i>*RSVPs due to concierge for Christmas Dinner*</i>	14 <i>Resident Organized Activities</i> 2pm Chef Demo
15 <i>Resident Organized Activities</i>	16 10am Chair Exercises 12 Noon Resident Holiday Party	17 10am Chair Exercises 5pm Driving Tour of Holiday Lights	18 10am Chair Exercises 10am-12 Noon SOFI Ofc. Hours 1pm Blood Pressure Checks and Alzheimer's & Dementia Lecture	19 10am Chair Exercises 1:30pm Stretching & Meditation	20 10am Chair Exercises 2pm Resident Mtg. / Snack Social <i>*RSVPs due to concierge for New Year's Dinner*</i>	21 <i>Resident Organized Activities</i>
22 <i>Resident Organized Activities</i>	23 10am Chair Exercises	24 10am Chair Exercises 2pm Christmas Movie	25 <b>CHRISTMAS DAY!</b> 10am Continental Breakfast 2pm Dinner	26 10am Chair Exercises	27 10am Chair Exercises 2pm Resident Mtg. / Snack Social	28 <i>Resident Organized Activities</i>
29 <i>Resident Organized Activities</i>	30 10am Chair Exercises	31 10am Chair Exercises 2pm Resident New Year's Eve Celebration	<b>January 1, 2020</b> <b>NEW YEAR'S DAY!</b> 10am Continental Breakfast 2pm Dinner	<b>Elderbus: Call (585) 377-8117 / 2 days in advance for:</b> Mondays & Wednesdays – Wegmans PENFIELD & TARGET Tuesdays & Fridays – Wegmans PERINTON Thursdays – Wegmans COUNTRY CLUB PLAZA & ALDI'S 2 <sup>nd</sup> Monday of every month – Walmart MACEDON <b>Door-To-Door Connections: Call (585) 223-1617 / 2 days in advance for:</b> Mondays-Friday – PERINTON RECREATION CENTER / 9am-1pm 3 <sup>rd</sup> Friday of every month – EASTVIEW MALL SHOPPING AREA / 10am-2pm		