

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PLEASE RSVP FOR ACTIVITIES IN BINDER LOCATED ON CONCIERGE DESK. THANK YOU!</b>			1	2	3	4 
5	6 10am-12n SOFI Office Hours	7	8 10am Chair Exercises 10am Bible Study	9 10am Chair Exercises 3-3:30pm Cookie & Milk Social To Go (National Sugar Cookie Day)	10 10am Chair Exercises	11
12	13 10am Chair Exercises 10am-12n SOFI Office Hours 2:30-3pm Netsins Ice Cream Social To Go	14 10am Chair Exercises 2-3pm Bingo	15 10am Chair Exercises	16 10am Chair Exercises 2pm Movie – O Brother Where Art Thou?	17 10am Chair Exercises	18
19	20 10am Chair Exercises 10am-12n SOFI Office Hours	21 10am Chair Exercises	22 10am Chair Exercises 10am Bible Study	23 10am Chair Exercises	24 10am Chair Exercises 3-3:30pm Happy Hour Social To Go (National Tequila Day)	25
26	27 10am Chair Exercises 10am-12n SOFI Office Hours	28 10am Chair Exercises 2-3pm Bingo	29 10am Chair Exercises	30 10am Chair Exercises 2:30pm Yoga for Seniors (Easy To Follow Video)	31 10am Chair Exercises	

**Elderbus: Call (585) 377-8117 / 2 days in advance for:**

Mondays & Wednesdays – Wegmans PENFIELD & TARGET

Tuesdays & Fridays – Wegmans PERINTON

Thursdays – Wegmans COUNTRY CLUB PLAZA & ALDI'S