



APRIL 2021 – revised 3/31/21

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PLEASE RSVP FOR ACTIVITIES IN GREEN BINDER LOCATED ON THE CONCIERGE DESK.</p> <p>PLEASE REMEMBER TO WEAR YOUR FACE MASKS - COVERING BOTH YOUR MOUTH & NOSE, AND KEEP A SOCIAL DISTANCE OF AT LEAST 6 FEET.</p>						
4 <i>Easter / Passover</i>	5 2:30-4:30pm SOFI Office Hours	6 11:30am-12Noon Walking Group 1:30-2:30pm Yoga w/ Stacy	7 10:00-11:00am Blood Pressure Checks w/ Beth 1:00-2:30pm Gospel Music	8 2:30-3:30pm Caramel Apple Empanada Resident Social	9 <i>Good Friday</i> 10:15-10:30am Chair Exercises 1:30-2:00pm Walking Group	10
11	12 2:30-4:30pm SOFI Office Hours	13 10:15-10:30am Chair Exercises 1:30-2:30pm Arts & Crafts w/ Stacy	14 11:30am-12Noon Walking Group 1:00-2:30pm Gospel Music	15 10:15-10:30am Chair Exercises	16 1:30-2:00pm Walking Group	17 2:00-3:00pm Resident Council Meeting
18	19 2:30-4:30pm SOFI Office Hours	20 11:30am-12Noon Walking Group 2:30-3:30pm Travel Log w/ Beth – Tombs of Egypt	21 10:00-11:00am Blood Pressure Checks w/ Beth 1:00-2:30pm Gospel Music	22 1:00-2:00pm Health Seminar w/ Beth – COVID & Vaccines: What Does It Mean?	23 10:15-10:30am Chair Exercises 1:30-2:00pm Walking Group 2:30-3:30pm Unidine Focus Group Meeting	24
25	26 12Noon Pizza Lunch From Wegmans To Go 2:30-4:30pm SOFI Office Hours	27 10:15-10:30am Chair Exercises 1:30-2:30pm Arts & Crafts w/ Stacy	28 11:30am-12Noon Walking Group 1:00-2:30pm Gospel Music	29 10:15-10:30am Chair Exercises	30 1:30-2:00pm Walking Group	

Elderbus: Call (585) 377-8117 / 2 days in advance for:

Mondays & Wednesdays – Wegmans PENFIELD & TARGET

Tuesdays & Fridays – Wegmans PERINTON

Thursdays – Wegmans COUNTRY CLUB PLAZA & ALDI'S

Volunteer Drivers: Call (585) 377-8117 / 2 weeks in advance

for: Medical appointments w/ in Monroe County only.