



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b><u>PLEASE SIGN UP FOR ALL ACTIVITIES</u></b>  <b><u>IN GREEN BINDER LOCATED ON THE CONCIERGE DESK</u></b>  <b><u>OR AS OTHERWISE NOTED</u></b></p>						
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	<p><b>HAPPY LABOR DAY</b></p>	<p>1:30pm Yoga w/ Stacy Maid 1<sup>st</sup> Floor, Main Lounge</p>	<p>2:00pm Scrabble 2<sup>nd</sup> Floor, Game Room</p>	<p>10:00am Blood Pressure Checks w/ Beth Sardone 1<sup>st</sup> Floor, Lobby</p> <p>2:00pm Coloring 2<sup>nd</sup> Floor, Game Room</p> <p>SOFI Transportation – Walmart (To Register Please Call 585-377-8117)</p>	<p>1:00pm Make &amp; Take Flower Arrangements w/ Beth Brancato 1<sup>st</sup> Floor, Back Patio</p> <p>9:00am Donuts &amp; Coffee w/ Sandra Chait 1<sup>st</sup> Floor, Main Lounge</p> <p>SOFI Transportation – Donnelly’s Public House Restaurant (To Register Please Call 585-377-8117)</p>	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
	<p>11:00am Bingo w/ Sandra Chait 1<sup>st</sup> Floor, Dining Room</p> <p>1:30pm Catholic Communion Service 1<sup>st</sup> Floor, Main Lounge</p> <p>SOFI Transportation – Victor Crossings Mall (Kohl’s) (To Register Please Call 585-377-8117)</p>	<p>1:30pm Arts &amp; Crafts w/ Stacy Maid 1<sup>st</sup> Floor, Dining Room</p>	<p>12 Noon Wegmans Flu Shot Clinic 1<sup>st</sup> Floor, Main Lounge</p> <p>3:30pm The David Heckendorn Swing Trio 1<sup>st</sup> Floor, Back Patio &amp; Dining Room</p>	<p>2:00pm Jeopardy w/ Happier At Home 1<sup>st</sup> Floor, Main Lounge</p>	<p>2:00pm Movement Is Medicine – Keep On Moving w/ Robin Barclay 1<sup>st</sup> Floor, Main Lounge</p> <p>SOFI Transportation – Powers Farm Market (To Register Please Call 585-377-8117)</p>	<p>2:30pm Unidine’s Oktoberfest Celebration 1<sup>st</sup> Floor, Dining Room</p>



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>18</b>	<p style="text-align: center;"><b>11:30am</b> Clawson's Breakfast Pizza For Lunch To Go 1<sup>st</sup> Floor, Dining Room</p> <p style="text-align: center;"><b>3:00pm</b> Group Fitness w/ Brittany Sherrier 1<sup>st</sup> Floor, Main Lounge</p> <p style="text-align: center;">SOFI Transportation – Walmart (To Register Please Call 585-377-8117)</p>	<p style="text-align: center;"><b>2:00pm</b> Who's That Baby w/ Pat Pilgrim 1<sup>st</sup> Floor, Lobby</p> <p style="text-align: center;">SOFI Transportation – Steve's Original Diner (To Register Please Call 585-377-8117)</p> <p style="text-align: center;">Backyard Adventures - Trip To Wickham Farms (To Register Please Call 585-377-8117)</p>	<b>21</b>	<b>22</b>	<p style="text-align: center;"><b>10:00am</b> Blood Pressure Checks w/ Beth Sardone 1<sup>st</sup> Floor, Lobby</p> <p style="text-align: center;"><b>10:30am</b> Health Seminar w/ Beth Sardone – "Diabetes" 1<sup>st</sup> Floor, Lobby</p> <p style="text-align: center;">SOFI Transportation – Trader Joe's (To Register Please Call 585-377-8117)</p>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
	<p style="text-align: center;"><b>2:00pm</b> Bereavement Group w/ Michele Allman 1<sup>st</sup> Floor, Main Lounge</p>	<p style="text-align: center;"><b>1:30pm</b> Bingo w/ Sandra Chait 1<sup>st</sup> Floor, Dining Room</p>	<p style="text-align: center;"><b>2:00pm</b> Rock Painting w/ Gabriella Sack 1<sup>st</sup> Floor, Dining Room</p>		<p style="text-align: center;"><b>2:30pm</b> Unidine's Focus Group Meeting w/ Bill Russo 1<sup>st</sup> Floor, Dining Room</p> <p style="text-align: center;">SOFI Transportation – Log Cabin Restaurant (To Register Please Call 585-377-8117)</p>		

**Elderbus: Call (585) 377-8117**

**2 days in advance for:**

**Mondays & Wednesdays - Wegmans PENFIELD & TARGET**

**Tuesdays & Fridays - Wegmans PERINTON**

**Thursdays - Wegmans COUNTRY CLUB PLAZA & ALDI'S**

**Volunteer Drivers: Call (585) 377-8117**

**2 weeks in advance for:**

**Medical appointments w/ in Monroe County Only**