



JANUARY 2023 – Page 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
NEW YEAR'S DAY	CLOSED FOR OBSERVED HOLIDAY	1:30pm Yoga w/ Stacy Maid 1 st Floor, Main Lounge	2:00pm Scrabble 2 nd Floor, Game Room	1:00pm Euchre 2 nd Floor, Game Room SOFI Transportation – Hobby Lobby (To Register Please Call 585-377-8117)	SOFI Transportation – Tool Thrift Shop (To Register Please Call 585-377-8117)	
8	<i>9</i> 1:30pm Catholic Communion Service 1 st Floor, Main Lounge SOFI Transportation – Walmart (To Register Please Call 585-377-8117)	10 11:00am UNO 1 st Floor, Main Lounge 1:30pm Arts & Crafts w/ Stacy Maid 1 st Floor, Dining Room	11 1:00pm Bridge 2 nd Floor, Game Room	12 2:00pm Coloring 2 nd Floor, Game Room SOFI Transportation – Craft Bits & Pieces (To Register Please Call 585-377-8117)	13 9:00am Donut Social 1 st Floor, Main Lounge	14
15	16 3:00pm Group Fitness w/ Brittany Sherrier 1 st Floor, Dining Room	17 SOFI Transportation – Applebee's Restaurant (To Register Please Call 585-377-8117)	18 1:00pm Travelogue – "Festivities of India" w/ Beth Brancato 1 st Floor, Main Lounge 2:00pm Scrabble 2 nd Floor, Game Room	19 10:00am Blood Pressure Checks w/ Beth Sardone 1 st Floor, Lobby' 1:00pm Euchre 2 nd Floor, Game Room SOFI Transportation – Tops Market (To Register Please Call 585-377-8117)	20 4:00pm Unidine's Resident Happy Hour 1 st Floor, Dining Room	21





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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
22	23	24	25	26	27	2		
	2:00pm	11:00am	10:00am	2:00pm	2:00pm			
	Bereavement Group	UNO	Blood Pressure Checks	Coloring	Unidine's Resident			
	w/ Michele Allman	1 st Floor, Main Lounge	w/ Beth Sardone	2 nd Floor, Game Room	Focus Group Meeting			
	1 st Floor, Main Lounge		1 st Floor, Lobby		1 st Floor, Dining Room			
		1:30pm		SOFI Transportation –				
	SOFI Transportation –	Bingo w/ Sandra Chait	10:30am	Trader Joe's	SOFI Transportation –			
	Walmart	1 st Floor, Dining Room	Health Seminar	(To Register Please Call	George's Restaurant			
	(To Register Please Call		w/ Beth Sardone	585-377-8117)	(To Register Please Call			
	585-377-8117)		1 st Floor, Lobby		585-377-8117)			
29	30	31		L				
	12 Noon							
	Sakura Garden		PLEASE <u>SIGN UP FOR ALL ACTIVITIES</u>					
	Chinese Lunch To Go		IN GREEN BINDER LOCATED ON THE CONCIERGE DESK OR AS					
	1 st Floor, Dining Room		OTHERWISE NOTED					
	SOFI Transportation – Walmart							
	(To Register Please Call							
	585-377-8117)							
<u>Elderbus: Call (585) 377-8117</u>			Volunteer Drivers: Call (585) 377-8117					
2 days in advance for:			<u>2 weeks in advance for</u> :					
Mondays & Wednesdays - Wegmans PENFIELD & TARGET				Medical appointmen	ts w/ in Monroe Coun	ty Only		
Tuesdays & Fridays -	Wegmans PERINTON							
Thursdays - Weaman	s COUNTRY CLUB PLAZ	A & ALDI'S						
, 5 -								